

# THE SUNSHINER

Quaterly e- newspaper of Sunshine society







Change is the only constant and at Sunshine Society, we embrace change to continuously get fresh perspective and fresh ideas. This time the change has come in our team of communication.

Shaloo Mishra, who started the Newsletter "The Sunshiner" takes a break to persue her other creative passion. It was her idea to have someone new to infuse freshness. We are thankful to her for bringing the quaterly Newsletter this far and we hand over the "The Sunshiner" to Tanvi Saraiya for taking the Newsletter to the next level!

#### A HEALTHY MIND HOUSES A HEALTHY BODY

#### Free Medical Examination

Preventive medical care is important for children to ensure healthy development and to tackle any potential health issues before they become more serious or irreversible.

Dr. Eram, MBBS MD, Santosh Medical College devoted her time to medically examine our children of Gejha, sector 93, Noida, our after school study programme center. She evaluated 37 children in two hours and the children mostly were suffering from the problems like worms, malnutrition, lice, Iron deficiency, fungal infection in some cases.

Prescribed medicines were arranged and the parents of the children administered them.

Our sincere thanks to Dr. Eram for her valuable time and for the thorough medical checkup of our children.









Other stories inside the	e issue:
Medical Donation Drive-	3
Raddi collection Drive-	4
Celebrations-	5,6
Rahmatein-A fundraiser-	7
Cycle to school drive-	8
Donations	9,10
Achievements-	11
Participations	12
Creative activities	13,14

#### MEDICAL DONATION DRIVE

Medical donation drive is one that should be saluted and celebrated. From generous donation of medical supplies to volunteers donating their time and services, this drive is a true testament to the power of giving back to the community.

After Dr. Eram conducted a medical checkup for our children of Gheja center, Mrs. Aparna Tripathi, a resident of Silvercity helped us by donating the prescribed medicines.

These medicines were then distributed to the children.









# CONSISTENCY IS THE KEY

#### Fund raising through raddi collection

The year closes with the completion of one year of Raddi collection from Silvercity Apartments, sector 93. A whooping one year collection of 88,898 Rupees.

Raddi collection has been one of the primary methods of fund raising in housing societies like ATS one Hamlet(sec 104), Mahagun Maestro(Sec 50), Alok Vihar 2(Sec 50) and now Silver City(Sec 93).

This wouldn't have been possible without the tireless efforts of Anupama, Dipali, Chaitali, Rijita, Seema, Preeti, Poornima, Nandani, Naghma, Sunaina, Col. Apurva Tandon, Deepa, Ramita, Rakhi P, Rakhi , Antara, Radhika, Uma, Gomathy, Shilpi and the residents who came forward for this noble cause.





# Christmas and New Year celebrations

Christmas is generally a festive day for most of the children, and it was no different for the children of Sunshine society.

Kids were treated to special Christmas celebrations in each of 3 centers. They received gifts from our own santas - Gupta sir, Dr.Umesh sir, Pankaj sir, Cheryl, Bogusia, Vinod sir, Nirupama ma'am, Sunaina ma'am, Seema ma'am followed by a beautiful christmas movie.

Sunshine's well wisher Sujata ma'am was like a santa to children as she encouraged children to make small packets of useful gifts. Our children in all the three centers- sec 50, sector 51 and sector 93 had a great time and it was so good to see their happy faces.

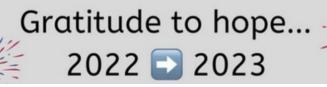






As the year 2022 comes to a close and 2023 rises to new hope, energy and enthusiasm, team Sunshine wishes everyone a very happy new year with gratitude.







#### REPUBLIC DAY CELEBRATIONS

Celebration of Republic day is a time of great joy, pride and honour for all the Indians. Every year on 26th January we celebrate and educate the children about the importance of Republic day.



Children participated in flag hoisting and performed in different cultural activities. Children also expressed their patriotism by drawing/painting. Then all the children were given fruits.









#### LOHRI CELEBRATIONS

Children had great fun while they celebrated Lohri. It was a collective celebration where each child brought a piece of wood. They sang songs and danced around the fire. they also enjoyed having peanuts, rewari, popcorns and ram ladoo. Our little drumer was Guddu who played drums on steel bucket. children had lots of fun.



#### Rahmatein- A fundraiser

Rahmatein, a fundraiser organised by Sunshine Society on January 22, 2023 was an event that witnessed true rahmatein! This Sufi evening, which turned out to be so much fun and purposeful was pulled off because of the purity of intent and hard work by so many.

Faiz Ali Khan and his entire team kept the audience asking for more and Ramita Taneja the MC of the evening and also the Vice President of the society, ensured that the audience remained connected during the much loved Sufi evening. Alma Cafe added warmth with their hot soups, tea, coffee and savouries.







Rahmatein would not have been possible without the support of Vinita, Anupama, Nandini, Dipali, Nirupama, Sujata, Tanvi, Chaitali, Seema and the list goes on..it was further supported by our sponsors Purvanchal projects private limited, Malabar Gold and Diamonds and few individuals who wish to remain anonymous.

Sunshine Society's president Vidya, vice president Ramita, treasurer Vanita, Jt. secretary Archana and Secretary Vaishali along with all the members, volunteers and well wishers are thankful for Rahmatein.







# Cycle to school drive

Under the "Cycle to school "initiative of Sunshine society, 14 cycles were distributed to the students of class IX, X, and XI at the community centre sector 50 on January 27,2023. The award ceremony of the writing competion "India of my Dreams" was also held at the same time.

Sunshine members Vinod Gupta, J.L Kapur, Vidya Akkireddy, Archana Chaturvedi and Gupta jee classes teachers were all there to hand over the cycles and to motivate the children by awarding the winners of the writing competion.











# GIVING BACK...

Children fron Sunshine society were blessed to have the support of many good individuals, organizations and businesses. Every contribution made a difference, we are truly thankful to everyone who opened their hearts to support our children.

The spring in their steps and the smile on their faces with the new shoes given by Mr. Dileep Singh and his friends.



Gratitude lunch by Shiv Nadar school for having Vidya Gyan students as interns. Sunshine team of Gejha center.



Sh Yogesh ji who teaches our child Thakurdeen online from Nainital, came to visit Guptajee classes in sector 50



Our enthusiastic volunteer Parul Tyagi organised an Art and Music contest on December 11 to raise funds for sunshine society.





People very generously share their happiness and their celebrations with our children. Birthdays of family members bring lot of joy to our children. Space is too less to mention all the celebrations so just to give a little insight one of the celebration is mentioned here.

Vivek (ET Medialabs) donated 16 half kg cakes on the occasion of his wife Uma's birthday to Sunshine Society, Gejha center. Also our Volunteer teachers regularly celebrate the birthdays and special days of their loved ones with the children.





#### ACHIEVEMENTS

It is always an amazing feeling to see the achievements our children have made. Let's work together to encourage and support them to reach new heights.



We are incredibaly proud of Mahima for passing her NCC cadet exam! Also despite of all hardships she scored 64% in class X and 82% in class XII. she

is now student of Galgotia University persuing her Bachelor of science in Medical Laboratory Tecnology. Her hardwork and dedication will ensure her success.

			UNI	GOTIA	Y					
Plot No. 2, 5	ector-17A, Yamu 0120-48					ldh Nagar, Uttar iasuniversity.edu		t, India - 20	13201	
			Gra	ade Card						
Student Name: Mahima .										
Mother's Nam	ec K	avita								
Enrolment No: 20121050084				Admission No:				205MAS1050040		
School Name:	S	chool of Medi	cal and All	lied Scieno	es					
Program Name: Bachelor of Science in Medical Le Technology			edical Labo	oratory	Term / Semester		SEM V			
Course Code		Course Name			Credit (Registered)		Credit (Earned)		Grade	
BLLUCT1003	Campus to Corporate				3.00		3.00		A	
BMLS5001	Immunology & Bacterial serology				4.00		4.00		A+	
BML55002	Applied Haematology II				3.00		3.00		0	
BML55003	Applied Clinical Biochemistry I				3.00		3.00		A+	
BMLS5004	Applied Histopathology - II				4.00		4.00		A+	
BMLS5005	Immunopathology & Molecular Biology				4.00		4.00		A+	
BMLS5051	Immunology & Bacterial serology (Practical)				1.00		1.00		A	
BMLS5052	Applied Haematology II (Practical)				2.00		2.00		A+	
BML\$5053	Applied Clinical Biochemistry I(Practical)				2.00		2.00		A+	
BMLS5054	Applied Histopathology II (Practical)				1.00		1.00		A+	
BMLS5055	Immunopathology & Molecular Biology (Practical)				1.00		1.00		0	
Semester Grade Point Average (SGPA)	Exam Registration (Credits)	Earned Grade Points	SGPA	Cumulative Grade Point Average (CGPA)		Cumulative Credits Earned	E	sulative arned le Points	CGPA	
	28.00	252	9			136.00	1235		9.08	

Khushi wins a one time scholarship for her singing skills. Her music education is supported by Sunshine Society.



Anil and his team won 3 Awards in their Scout and Guide in 3 competions, winning 1st, 2nd and 3rd prizes. Anil is currently persuing his Bachelors of Arts in Govt. Degree college, Noida. He specially came to sector 50 study center to share his success with his mentor Gupta sir who has been mentoring these children to achieve their goals.







#### **OUR PARTICIPATION**

Interactive seminar with various NGO's held at Amity University on february 2,2023. Sunshine Society was represented by the members Nirupma and Rijita who brought forward the efforts that go into generating funds



by raddi collection and how Sunshine Society is making difference in the society by providing not only acedemic support but also creative support through their three after school study center in sector 50, 51 and 93 in Noida. Nirupma Chowdhary highlighted the efforts of the students of Amity University who come to volunteer in our study centers.









A special stage show performance in Meghdutam Rangamanch festival was done by enthusiastic senior citizens of Sunshine Society. The audience cheered and clapped for them and their performance was a super hit.

What made this show special is that it showcased how vital it is to get different age groups involved in such activities. it creates a bond between different age groups and the younger generation also learn a lot from the older ones.

#### CREATIVE ACTIVITIES

Creative activities not only help children in developing their creative thinking skills, problem solving abilities, self expression but also develop a sense of accomplishment and pride. The children work collaboratively with others and become more flexible to adjust. Keeping this in mind Sunshine society makes an effort to engage children in various creative activities.









Our very own Nirupma ma'am who is also known as "Badi ma'am", looks after academic activities and overall administration. Apart from this she also takes creative classes for the children. Children enjoy bringing out their emotions through Art. She uses basic, non expensive material to create different things.





Mr. Sudhir Jain and Mrs. Sunita Jain from Antarang Performing Arts Academy teach our children singing and dancing. Children thoroughly enjoy learning these art forms and they also participate in different functions and get opportunity to showcase their skills. Some volunteers also come to the centre to teach dance to the young children.





Tanvi Saraiya has started Calligraphy classes at sector 93 study centre. Ten students begin their calligraphy classes. Once a week Calligraphy class will train the students to become self reliant. Tanvi not only trains them proffesionally but also provides them with all the required material. A big step towards a better future.

#### Dear Reader

We at Sunshine society dedicatedly support children to create social and economic change and to realize their full potential. We try to provide resources and opportunities which can help them to create positive and lasting change. Investing in young children is the key to unlock sustainable progress, and together, lets work to create a better future for them.

Sunshine Society also invites more participation from our readers in the form of articles, anecdotes, quotes, poems, stories, experiences, creative photography, drawing or painting. Your contribution should focus on issues related with senior citizen, children and environment. In case you have ideas to improvise the e-newsletter or add a section or if you have a query/ feedback/ suggestion, please feel free and write to me at the below mentioned email addresses. Don't forget to like and follow us on-

www.facebook.com/sunshinesociety www.linkedin.com/company/sunshinesociety-ngo www.instagram.com/sunshine.society11 www.twitter.com/sunshinesociet1

Keep writing and smiling!

Tanvi Saraiya Editor sunshineenewsletter@gmail.com sunshine.society11@gmail.com

Disclaimer: The views, opinions, thoughts and the originality expressed through articles in this publication are solely of their respective authors. And Sunshine Society will not be responsible for any kind of plagiarism (if any).